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## ABSTRACT OF THE DISCLOSURE

The present invention relates to a method and apparatus for automatically monitoring an optical signal-to-noise ratio in which an arbitrarily polarized optical signal including an unpolarized ASE noise is inputted to a rotating quarter-wave plate and then to a rotating linear polarizer so that a maximum power and a minimum power of the signal outputted from rotating linear polarizer can be detected, is used and minimum power detected maximum power automatically monitoring the optical signal-to-noise ratio. The method for monitoring the optical signal-to-noise ratio (OSNR) using a polarization-nulling method, comprises the (a) linearly polarizing an arbitrarily polarized steps of: optical signal including an unpolarized ASE noise; separating the optical signal and the ASE noise from the linearly polarized optical signal including the unpolarized ASE noise to measure a power of the optical signal and a power of the ASE noise included in a bandwidth of an optical signal; and (c) obtaining the optical signal-to-noise ratio (OSNR) using the measured optical signal power and ASE noise power.